

DIVISION H – FOODS

NOTE: According to Health Canada, all food open to the air for more than 12 hours is deemed unsafe and must be thrown away.

Considering this fact, the Judges will accept items baked in following sizes:

- Pies baked in 6" round or square pans
- Bread baked in 3" by 6" length
- Cakes baked in 6" square pans

BAKING

1. Bread - 1 loaf with entire crust
2. Whole wheat flour bread - 1 loaf with entire crust
3. Buns - 6 - white flour **or** whole wheat flour
4. Cookies - dropped - 6
5. Cookies - rolled - 6
6. Fudge - any variety - 6 pieces in 1" squares
7. Muffins - 3
8. Pies - fruit - tin foil pan - 1
9. Pies – any other variety - tin foil pan - 1
10. Squares - baked - 3 pieces in 2" squares
11. Squares - unbaked - 3 pieces in 2" squares
12. Any other baked item

CANNED: FRUIT - PICKLES -

VEGETABLES

20. Chili sauce
21. Fruit - any variety
22. Pickle - any variety
23. Tomatoes
24. Any other variety not included in above

HONEY (NOTE: All items must be made with honey)

30. Cookies
31. Candy - 6 pieces 1" square
32. Cake
33. Bread - entire crust - 1

JAMS & JELLIES

40. Jelly - any variety
41. Marmalade - any variety
42. Jam - any variety
43. Any other variety

DIVISION I – FOODS – HEALTHY CHOICE

All items in this section are sugar or gluten free. Each entry must include the recipe, and its relationship to health. i.e. Diabetes, Heart disease.

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- Bread baked in 3" by 6" length
- Cakes baked in 6" square pans

BAKING

1. Bread – any variety
2. Buns (3)
3. Muffins (3)
4. Cake - a small 6" round or square cake is appropriate
5. Cookies (6)
6. Squares (4)
7. Pies - custard (a 5" size will be accepted)
8. Pies - fruit (a 5" size will be accepted)

JAMS & JELLIES

10. Marmalade
11. Strawberry Jam
12. Jam - any variety
13. Jelly - any other variety

DIVISION J – VEGETABLES

NOTE: Vegetables may be washed but not scrubbed with two inches of tops left on the root. Vegetables to be displayed on a 10" - 12" paper plate.

1. Beans, any variety - 12 pods
2. Carrots, any variety
3. Cucumber, grown outside - 2
4. Lettuce - any variety
5. Lettuce - leaf - 2 plants
6. Onions, multiplier 5
7. Onions, 3
8. Onions, green bunching 3
9. Onions, Walla Walla
10. Potatoes - any variety, named - 5 per plate
11. Radishes
12. Tomatoes, any variety 5
13. Zucchini : 6" - 8" in length - 2

SAVORY HERBS or TEA HERBS

NOTE: each bunch should be prepared free from blemishes and embody healthy and vigor of growth for the season. All bunches should be labeled individually and plainly.

30. Five spices/herbs in a neat bunch - Quantity 3 sprigs

DIVISION K – FRUITS & NUTS

NOTE: No polishing of fruit is permitted.

1. Fruit - any variety,
2. Nuts, any variety, named



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FOODS, VEGETABLES, FRUITS & NUTS

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